

Volunteering Newsletter - September

DATE FOR THE DIARY

Monday 23rd October 8.30pm pub quiz at the Taps in Lytham, FY8 5LE – join me at for a bit of fun. All welcome, let me know if you can make it on 07710171832

DATE FOR THE DIARY

Thursday 23rd November 11am
The Volunteering Team are having a cake sale in the Blackpool Office to raise funds for Lancaster & District Homeless Action Service. Please feel free to join us and maybe bring in a cake that we could sell.

DATE FOR THE DIARY

Saturday 9th December 7.30pm
Come to the Raikes Hall, Liverpool Road, Blackpool, FY1 4HE for a night at the races. we will be raising money for LDHAS and Magic Moments Children's Charity with a charity Race Night. Great fun, lots of prizes to be won, if you've never been to a race night, you will not be disappointed.

A Day Trip for Carers- Thanks to You!



Thanks to the generosity and hard work of our volunteers, n-compass were able to use donated Time Credits to take a group of carers on a day trip.

A group of carers took a guided tour around Houghton Tower, a fortified manor house standing on a hilltop site. Afterwards, the carers sat together in the Houghton café and chatted over a coffee.

It was an important day, not only because it provided carers a much-needed break from their caring role, but it allowed them the opportunity to meet and make friends with other carers.

If you or anyone you know are looking for employment, there are lots of job opportunities available on the n-compass website. For more information, have a look at <http://ncompassnorthwest.co.uk/volunteering-jobs/vacancies>

We want to know how you've been using your Time Credits! What activities have you enjoyed recently? Let us know at: volunteering@ncompassnorthwest.co.uk

If you want ideas, please visit: <http://www.justaddspice.org/our-work/where-we-work>

Variety Show for Mental Health Awareness

28th January, 7.30pm Lancaster Grand Theatre

An evening of superb variety entertainment for an excellent and much needed local cause!

Brighten up a dark January evening and have a great night out, raising funds for local not-for-profit groups which support people with mental health problems alongside NHS teams and help raise awareness about mental health issues can affect absolutely anyone.

Mark the date in your diary – more information coming soon!

More Time Credits Donated!



This month the n-compass gifting group donated 50 Lancashire Time Credits to the Lancashire Wellbeing Service for the benefit of service users. Thank you volunteers!
If you know of any local charities that might benefit from donated Time Credits, we'd love to hear from you!

Please don't forget to use the new volunteering inbox for all your emails, this way both Ian & Katherine will see them. Volunteering@ncompassnorthwest.co.uk

