

To reserve a place on any of the courses or activities below please tick the box below next to the course or activity, complete your details below and return this form by post to:

FREEPOST: THE CARERS HUB ROCHDALE

My details

Name Telephone number

Address including postcode

FREE Activities

September Pamper

Places must be booked by
Friday 24 Aug

- Monday 3 Sept 10:00am-12:00 noon
- Tuesday 4 Sept 10:00am-12:00 noon
- Tuesday 4 Sept 10:00am-12:00 noon
- Wednesday 5 Sept 10:00am-12:00 noon
- Thurs 6th Sept 10:00am-12:00 noon

Crafty October

Places must be booked by
Friday 21 Sept

- Monday 1 Oct 10:00am-12:00 noon
- Tuesday 2 Oct 10:00am-12:00 noon
- Tuesday 2 Oct 10:00am-12:00 noon
- Wednesday 3 Oct 10:00am-12:00 noon
- Thursday 4 Oct 10:00am-12:00 noon

Learn In November

Places must be booked by Friday 26 Oct

- Monday 5 Nov 10:00am-12:00 noon
- Tuesday 6 Nov 10:00am-12:00 noon
- Tuesday 6 Nov 12:30pm-2:30pm
- Weds 7 Nov 10:00am-12:00 noon
- Thurs 8 Nov 10:00am-12:00 noon

Please tick the box below to indicate your preference

- I would like to receive the newsletter by email and my email address is:

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- I would like to receive the newsletter by post

- I would no longer like to receive the newsletter and know I can read it if I visit www.ncompassnorthwest.co.uk/news-events

Please tick the box below to be contacted by The Carers' Hub Rochdale

- I am interested in Volunteering for the Sitting In Service
- I am interested in Volunteering for the Carers Help And Talk (CHAT) Line